

# Template for Original Research Article

**Title of the article:** (Avoid too short or too long title)

**First Author<sup>1</sup>, Second Author<sup>2</sup>** (12 Capitalize each word)

The Corresponding author of the manuscript must be marked with an asterisk (\*)

\*<sup>1</sup>(Designation, Department, College Name, State, Country Name, Email and Phone number)

<sup>2</sup>(Designation, Department, College Name, State, Country Name Email and Phone number)

## General instructions:

Ayurvedic terms must be *Italic* and first letter capital and if necessary, add English equivalents in closed brackets. Ex. *Sandhana* (fermentation)

**Abstract:** Try to keep the abstract below 250 words. Do not put references in the abstract.

**Introduction:**

**Materials and Methods:**

**Results:**

**Discussion:**

**Key-words:** About five to six key words in alphabetical order, including Case report as a keyword, separated by comma.

## **Introduction:**

Provide sufficient background information to allow readers to understand and evaluate the result of the present study.

## **Aims and Objectives:**

- The objectives and aims should be only a few (2-3).
- Primary objective and secondary objectives should be clearly and precisely defined.

## **Materials and Methods:**

It should be complete enough to allow experiments to be reproduced. All the procedures should be described in detail. For example, diagnostic methods, description of the eligibility of the inclusion and exclusion criteria, methods adopted for the study along with the references to the established method, dosage, route of administration should be mentioned in detail.

## **Observations and Results:**

The observations of the study must illustrate with figures or tables wherever necessary. The research with appropriate statistical analysis described in the methods section should be self-explanatory.

## **Discussion:**

1. Try to present the principles, relationship, and generalization shown by the results.
2. Point any exceptions or any lack of correlations and define unsettled points.
3. Show how your results and interpretations agree (or contrast) with previous published work.

4. Discuss the theoretical implications of your work as well as any possible practical applications.

### Conclusion:

The major findings of the work highlighting its importance, relevance and their usefulness of the study shall be summarized. The conclusions of this study must discuss a short summary and further scope in the field should describe in this context.

### References: (Vancouver style)

#### Book Reference

Format	x. Author(s). Title. Edition. Place of publication: Publisher; Year.
Example	1. Wilkinson IB, Raine T, Wiles K, Goodhart A, Hall C, O'Neill H. Oxford handbook of clinical medicine. 10th ed. Oxford: Oxford University Press; 2017.

#### Book Chapter

Format	x. Author(s). Title of chapter. In: Editor(s), editors. Title of book. Place of publication: Publisher; Year. Page range.
Example	2. Darden L. Mechanisms and models. In: Hull DL, Ruse M, editors. The Cambridge companion to the philosophy of biology. Cambridge: Cambridge University Press; 2008. p. 139–159.

#### Journal Article

Format	x. Author(s). Article title. Journal Name (abbreviated). Year Month Day; Volume(Issue):page range. Available from: URL DOI
Example	3. Bute M. A backstage sociologist: Autoethnography and a populist vision. Am Soc. 2016 Mar 23; 47(4):499–515. Available from: <a href="https://link.springer.com/article/10.1007/s12108-016-9307-z">https://link.springer.com/article/10.1007/s12108-016-9307-z</a>

## Website

Format	x. Author(s). Title [Internet]. Year [cited Date]. Available from: URL
Example	4. Cancer Research UK. Current research into breast cancer [Internet]. 2020 [cited 2020 Feb 14]. Available from: <a href="https://www.cancerresearchuk.org/our-research/our-research-by-cancer-type/our-research-into-breast-cancer/current-breast-cancer-research">https://www.cancerresearchuk.org/our-research/our-research-by-cancer-type/our-research-into-breast-cancer/current-breast-cancer-research</a>

## Acknowledgement: (If any)

Acknowledge any significant technical help and assistance that you received from any individual.

Acknowledge your funding agency or the agency giving you grants or fellowships.

## Tables

Tables: Tables must be inserted within the text. Tables must be named and numbered as Table no. 1, Table no. 2 etc., with a proper self explanatory Legend.

## Figures

Figures must be on separate pages in JPEG format but not inserted within the text and bear a brief title in lower case bold face letters below the figure. Photographs, drawings, diagrams and charts are to be numbered in one consecutive series of the numerals in the order in which they are cited in the text and abbreviated as Fig. 1, Fig. 2 etc., Photos or drawings must have a good contrast of dark and light. Legends of figures should be brief, but complete and self explanatory so that the reader can easily understand the results presented in the figure.